Managing your health with preventive medications

Your pharmacy benefit plan includes special coverage for preventive medications. These medications help protect against or manage a medical condition, such as:

- Preventing blood clots and reducing the risk of a stroke
- Preventing heart disease and reducing high blood pressure
- Preventing osteoporosis (a disease that leads to an increased risk of bone fracture)

Your health is important. Taking preventive medications as told by your healthcare provider can help you avoid serious illness and high healthcare costs.

In this drug list, brand-name medications are shown in UPPERCASE (for example, CLOBEX) and generic medications in lowercase (for example, clobetasol).
Special coverage for preventive medications

The drugs on your plan’s preventive medications list do not have a deductible. This means you’ll pay your copayment/coinsurance or nothing at all, depending on your plan. It can save you money and get the medications you need to help you live a healthier life.

Preventive medications are a group of products in your plan’s formulary which tells you what medications your plan covers.

Please note that most medications on the formulary have a deductible, but preventive medications do not. To check the cost of any medication, see your benefit handbook or contact customer service at the member phone number on your ID card.

Potential savings with generic medications

To get the most from your benefits, ask your doctor if a generic medication is right for you. Generics normally cost less than brand medications, and the Food and Drug Administration (FDA) requires them to be just as safe and effective.

Quality drives our decisions

A group of doctors and pharmacists meets often to review medications and coverage under pharmacy benefit plans. They also suggest which medications should be on your plan’s preventive medications list.

A list of covered preventive medications begins on the next page. Medications are listed by therapeutic category. For questions on injectable preventive medications administered by your doctor or healthcare provider, please call the number on your ID card.
## 2019 Preventive medication list

### Expanded listing by therapeutic category

<table>
<thead>
<tr>
<th><strong>ANTIHYPERTHYGEIMIC</strong></th>
<th><strong>BONE DISEASE AND FRACTURES</strong></th>
<th><strong>BONE RESORPTION INHIBITORS</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>KORLYM</td>
<td>RECLAST zoledronic acid</td>
<td>DIDRONEL</td>
</tr>
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<table>
<thead>
<tr>
<th><strong>ANTIPSYCHOTICS</strong></th>
<th><strong>CARDIOVASCULAR/HEART DISEASE</strong></th>
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<tbody>
<tr>
<td>ABILIFY</td>
<td>Anticoagulants</td>
</tr>
<tr>
<td>clozapine</td>
<td>AGGRENOX</td>
</tr>
<tr>
<td>CLOZARIL</td>
<td>ARIXTRA SP</td>
</tr>
<tr>
<td>GEODON</td>
<td>BRILINTA</td>
</tr>
<tr>
<td>haloperidol</td>
<td>coumadin</td>
</tr>
<tr>
<td>olanzapine</td>
<td>dipyridamole</td>
</tr>
<tr>
<td>quetiapine</td>
<td>EFFIENT</td>
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<tr>
<td>risperidone</td>
<td>enoxaparin SP</td>
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<table>
<thead>
<tr>
<th><strong>ASTHMA AND COPD</strong></th>
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</thead>
<tbody>
<tr>
<td>ACCOLATE</td>
</tr>
<tr>
<td>ANORO ELLIPTA</td>
</tr>
<tr>
<td>ASMANEX +</td>
</tr>
<tr>
<td>budesonide suspension</td>
</tr>
<tr>
<td>COMBIVENT RESPIMAT</td>
</tr>
<tr>
<td>cromolyn sodium</td>
</tr>
<tr>
<td>DULERA +</td>
</tr>
<tr>
<td>GASTROCRON</td>
</tr>
<tr>
<td>ipratropium / albuterol</td>
</tr>
<tr>
<td>montelukast</td>
</tr>
<tr>
<td>nebulizers and inhaler assistive devices</td>
</tr>
<tr>
<td>PROAIR HFA</td>
</tr>
<tr>
<td>PULMICORT SUSP +</td>
</tr>
<tr>
<td>QVAR +</td>
</tr>
<tr>
<td>RESPIRATORY SUPPLIES</td>
</tr>
<tr>
<td>SEREVENT DISKUS</td>
</tr>
<tr>
<td>SPIRIVA</td>
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<tr>
<td>SYMBICORT</td>
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<tr>
<td>VENTOLIN HFA</td>
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<tr>
<td>zafirlukast</td>
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<td>ZYFLO CR</td>
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<tr>
<th><strong>High Blood Pressure</strong></th>
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<tr>
<td>ACCUPRIL</td>
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<tr>
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</tr>
<tr>
<td>ADALAT CC</td>
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<tr>
<td>ALDACTONE</td>
</tr>
<tr>
<td>amiloride</td>
</tr>
<tr>
<td>amlodipine</td>
</tr>
<tr>
<td>amlodipine / atorvastatin</td>
</tr>
<tr>
<td>amlodipine / benazepril</td>
</tr>
<tr>
<td>amlodipine / olmesartan</td>
</tr>
<tr>
<td>amlodipine / valsartan</td>
</tr>
<tr>
<td>ATACAND</td>
</tr>
<tr>
<td>ATACAND HCT</td>
</tr>
<tr>
<td>atenol / chlorthalidone</td>
</tr>
<tr>
<td>atenolol</td>
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<tr>
<td>AVALIDE</td>
</tr>
<tr>
<td>AVAPRO</td>
</tr>
<tr>
<td>AZOR +</td>
</tr>
<tr>
<td>benazepril</td>
</tr>
<tr>
<td>benazepril / hctz</td>
</tr>
<tr>
<td>bisoprolol</td>
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<tr>
<td>bisoprolol / hctz</td>
</tr>
<tr>
<td>BYSTOLIC</td>
</tr>
<tr>
<td>CALAN</td>
</tr>
<tr>
<td>candesartan</td>
</tr>
<tr>
<td>candesartan / hctz</td>
</tr>
<tr>
<td>CARDIZEM</td>
</tr>
<tr>
<td>CARDURA</td>
</tr>
<tr>
<td>carvedilol</td>
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<tr>
<td>CATAPRES</td>
</tr>
<tr>
<td>chlorthalidone</td>
</tr>
<tr>
<td>clonidine</td>
</tr>
<tr>
<td>CLORPRES</td>
</tr>
<tr>
<td>COREG</td>
</tr>
<tr>
<td>COREG CR</td>
</tr>
<tr>
<td>CORZIDE</td>
</tr>
<tr>
<td>COZAAR</td>
</tr>
<tr>
<td>diltiazem</td>
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<tr>
<td>doxazosin</td>
</tr>
<tr>
<td>DYAZIDE</td>
</tr>
<tr>
<td>enalapril</td>
</tr>
<tr>
<td>enalapril / hctz</td>
</tr>
</tbody>
</table>

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*Oral and self-injectable Specialty medications may have limitations based on your plan benefit

†Products excluded from the Premium Prescription Drug List

‡Where differences are noted between this formulary and your benefit plan documents, the benefit plan documents will rule
EXFORGE
EXFORGE HCT
hydralazine
hydrochlorothiazide
HYZAAR
indapamide
INDERAL LA
INNOPRAN XL
irbesartan
irbesartan / hctz
lisinopril
lisinopril / hctz
LOPRESSOR HCT
losartan
losartan / hctz
LOTENSIN
LOTENSIN HCT
LOTREL
MAXZIDE
metolazone
metoprolol
metoprolol / hctz
moexipril
moexipril / hctz
nadolol / bendroflumethiazide
nifedipine
nisoldipine
olmesartan
olmesartan / hctz
PRINIVIL
PROCARDIA XL
propranolol
propranolol / hctz
quinapril
quinapril / hctz
spironolactone
SULAR
TARKA
TEKTURNA
TEKTURNA HCT
TENORETIC
TENORMIN
terazosin
TIAZAC
triamterene / hctz
TRIBENZOR *
TWYNSTA
valsartan
valsartan / hctz
VASERETIC
VASOTEC
verapamil
VERELAN
ZEBETA
ZESTORETIC
ZESTRIL
ZIAC
valsartan
LO/OVRAL
LOESTRIN
MIRCETTE
NORDETTE
NUVARING
OCCELLA
ORTHO-NOVUM
SEASONALE
YASMIN
ZOVIA

High cholesterol
ANTARA
atorvastatin
ezetimibe
fenofibrate
fenofibric
gemfibrozil
LOPID
lovastatin
MEVACOR
niacin ER (Rx)
niacor
NIASPAN ER
omega-3-acid (Rx)
PRAVACHOL
pravastatin
rosvastatin
simcor
simvastatin
TRICOR
TRILIPIX
VASCEPA
ZOCOR

CHOLESTEROL LOWERING
MEDECINES

Other Agents
ADVICOR

CONTRACEPTIVES (Various)
APRI
AVIANE
CYCLESSE
DESOGEN
LO LOESTRIN FE

DIABETES

Insulin
HUMALOG
HUMULIN
LANTUS
LANTUS SOLOSTAR
LEVEMIR *

Non-insulin
ACTOPLUS MET
ACTOS
AMARYL
AVANDAMET
AVANDARYL
BYETTA
DIABETA
DUETACT
glimepiride
glipizide
glipizide / metformin
GLUCOPHAGE
GLUCOTROL
GLUCOVANCE
glyburide
glyburide / metformin
GLYNASE
GLYXAMBI
INVOKANA
JANUMET
JANUVIA
metformin
metformin ER
nateglinide
pioglitazone
pioglitazone / glimepride

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pioglitazone / metformin
PRANDIN
repaglinide
STARLIX
SYMLIN

HEART DISEASE AND STROKE

Blood Thinner Medicines
ASPIRIN, 81MG, 162MG OR 325 MG
TICLID ticlopidine

HIGH BLOOD PRESSURE

Ace Inhibitors
UNIVASC
Ace Inhibitors/Diuretic Combinations
UNIRETIC
Calcium Channel Blockers
CARDIZEM LA
Diuretics
ZAROXOLYN
Other High Blood Pressure Medicine Combinations
amlodipine/olmesartan/
hydrochlorothiazide
amlodipine/telmisartan
ezetimibe/simvastatin

Diuretics And Combinations
ZAROXOLYN

High Blood Pressure Medicines Miscellaneous
aliskiren and combinations
amlodipine/olmesartan/
hydrochlorothiazide
amlodipine/telmisartan
amlodipine/valsartan

AMLODIPINE/VALSARTAN/
HYDROCHLOROTHIAZIDE
AMTURNIDE
TEKAMLO

HEPATITIS C
COPEGUS
PEGASYS
PEG-INTRON
REBETOL
RIBAPAK
RIBAVIRIN
SOVALDI

NASAL ANTI-INFLAMMATORY STEROIDS
BUDESONIDE
DYMISTA
FLUNISOLIDE
MOMETASONE
QNasl

OSTEOPOROSIS
ACTONEL
alendronate
BONIVA
EVISTA
FOSAMAX
FOSAMAX + D
ibandronate
raloxifene

PSYCHOTHERAPEUTIC DRUGS

Anti-Anxiety
ALPRAZOLAM ER
ALPRAZOLAM
DIAZEPAM
LORAZEPAM

Attention Deficit Hyperactivity (ADHD)
ADDERALL
AMPHETAMINE SALT COMBO
DEXMETHYLPHENIDATE HCL
DEXMETHYLPHENIDATE HCL ER

DEXTROAMPHETAMINE
SULFATE ER
DEXTROAMPHETAMINE-
AMPHET ER
FOCALIN
FOCALIN XR
INTUNIV
METHYLPHENIDATE ER
METHYLPHENIDATE HCL
METHYLPHENIDATE HCL CD
METHYLPHENIDATE LA
QUILLIVANT XR
RITALIN
STRATTERA
VYVANSE

Bipolar disorder
LITHIUM CARBONATE ER
LITHIUM CARBONATE
LITHOBID

Benzodiazepine Antagonists
FLUMAZENIL
ROMAZICON

Depression
AMITRIPTYLINE HCL
BRINTELLIX
BRISDELLE
BUPROPION HCL
BUPROPION HCL SR
BUPROPION XL
CITALOPRAM HBR
DESIPRAMINE HCL
DOXEPIN HCL
DULOXETINE
ESCITALOPRAM OXALATE
FLUOXETINE HCL
MIRTAZAPINE
NEFAZODONE HCL
NORTRIPTYLINE HCL
PAROXETINE HCL
SERTRALINE HCL
VENLAFAXINE HCL

5p Oral and self-injectable Specialty medications may have limitations based on your plan benefit
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VENLAFAXINE HCL ER
VIIBRYD

**Gluocorticoids**
DEXAMETHASONE
METHYLPREDNISOLONE
ORAPRED ODT
PHOSPHATE
PREDNISOLONE
PREDNISOLONE SODIUM
PREDNISONE

**Other Antidepressants**
MARPLAN
NARDIL
PARNATE

**Sedative Hypnotics**
ARMODAFINIL
ESZOPICLONE
INTERMEZZO
MODAFINIL
TEMAZEPAM
TRAZODONE HCL
ZALEPLON
ZOLPIDEM TARTRATE

ZOLPIDEM TARTRATE ER

**THYROID**
ARMOUR THYROID
LEVOTHYROXINE SODIUM
LEVOXYL
NATURE-THROID
SYNTHROID

**TRANSPLANT**
gengraf *sp
IMURAN
NEORAL *sp
PROGRAF *sp
RAPAMUNE *sp
SANDIMMUNE *sp
tacrolimus cap *sp

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This list is should be used as a reference and may not include all medications. Brand or generic availability may not be current because of market changes. Using generics may be required based on your plan benefit.