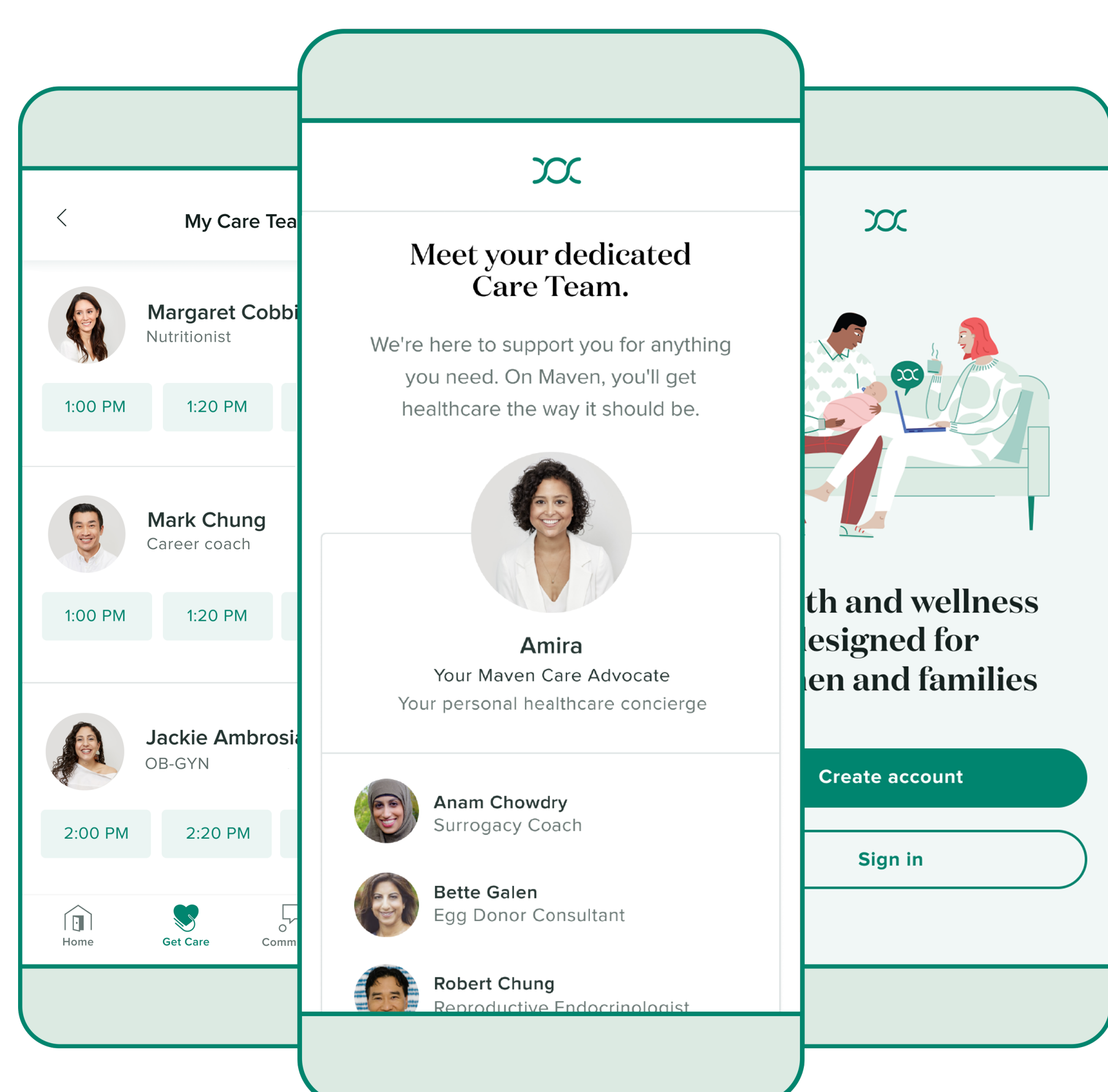


Your Personal Guide to Parenthood

Columbia University is providing medical plan participants and their covered dependents with free access to Maven for support through preconception and fertility, pregnancy, postpartum, adoption, surrogacy, and returning to work after parental leave. Use Maven for 24/7 virtual access to providers, specialists, coaches, and trustworthy content tailored to your experience.

Activate your free membership for access to these services:



- ✓ **Unlimited coaching and education** from over 30 specialties of women's and family health providers through video chat and messaging
- ✓ **Your own Care Advocate** who can help you find support, navigate your benefits, and understand your health bills
- ✓ **Personal referrals** to high-quality fertility clinics including the world-renowned Columbia University Fertility Clinic, plus preferred pricing on select treatments
- ✓ **Easy reimbursement** for adoption and surrogacy services through the Maven Wallet* feature

Support at every stage of your journey

PLANNING, FERTILITY, ADOPTION & SURROGACY

- ✓ Fertility Specialists
- ✓ Surrogacy & Adoption coaching
- ✓ Reproductive Endocrinologists
- ✓ Genetic counseling
- ✓ Egg Donor Consultants

PREGNANCY & POSTPARTUM

- ✓ Midwives, OB-GYNs, Doulas
- ✓ Birth planning
- ✓ Nutrition plans
- ✓ Mental Health Specialists
- ✓ Loss support

MAVEN WALLET* FOR ADOPTION & SURROGACY

- ✓ Effortless receipt upload
- ✓ Simple spend tracker
- ✓ Direct deposit into your bank account
- ✓ One-on-one help from your Care Advocate

Get started today

Scan the QR code, visit mavenclinic.com/join/columbiauniversity or download the Maven Clinic app. For help, contact support@mavenclinic.com.



*Maven Wallet for Adoption & Surrogacy is offered to full-time, regular benefits-eligible Officers and full-time, regular Non-Union Support Staff, on or after the first day of full-time employment.