

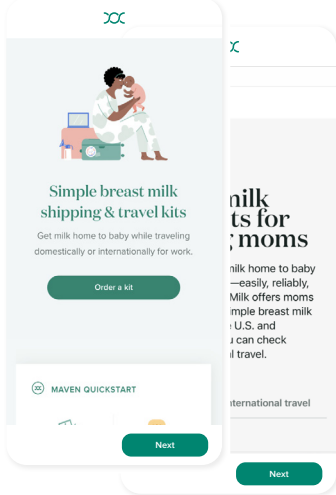
Supporting Working Parents with Easy Breast milk Shipping

Maven Milk helps moms and new parents transition back to work and get breast milk home to baby—easily, reliably, and safely. Maven Milk offers simple breast milk shipping and convenient domestic and international travel kits for every type of travel.



STEP 1

Activate your Maven membership, select the Maven Milk track to access breast milk shipping from the program dashboard



STEP 2

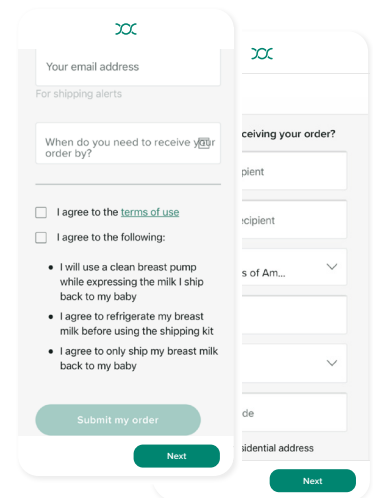
Depending on the type of travel, you can select from three kit options:

- **Pump & Post kit for shipping to US business travel locations**
- **Pump & Carry kit for overnight travel / carrying on**
- **Pump & Check kit to tote and check milk while traveling internationally**

You can view details about what's included in the kit, the quantity of milk you can store, and how long the milk will last. Your dedicated Care Advocate can help you determine the number and type of kits needed based on the length of your trip.

STEP 3

After selecting your kit, Maven will conveniently ship it to your home or travel accommodations



Maven Milk is available starting 1/1/2024 to all benefits eligible employees.

To learn more about current Maven program offerings, and to activate your free membership, scan the QR code or visit mavenclinic.com/join/columbia.

