How to Enroll in the EmblemHealth Dental Plan

1. Email CUpHddentalplan2022enroll@emblemhealth.com with the Subject ‘Columbia PhD Dental Plan 2022 Enrollment Request’ and an EmblemHealth representative will reply via secure email to assist with the completion of your enrollment.

2. Click on the link in the secure email notification you receive, sample below:

   You have an EmblemHealth Secure Email message from CUpHddentalplan2022enroll@emblemhealth.com

   EmblemHealth incorporated secure portal serves the following organizations:
   Centralized Laboratory Services (CLS), EHN Medicare, EmblemHealth Inc., GHI Inc., GHI HMO, GHI Medicare, HIP, OCGMED Group, PerfectHealth, Vytra Health Plans.

   To view the secure message, click here.

   Do not reply to this notification message. This notification message was auto-generated by the sender’s security system. To reply to the sender, please go to your secure message by clicking on the link above.

   If you would like to have your secure messages delivered directly to your inbox, find out more about ZixMail.

   NOTE: If your email program does not support a live link, you can view your secure messages by copying and pasting the text below into the “Address” or “Location” bar of your Internet browser and press “Enter” or click “Go”:

   https://secure.emblemhealth.com/wa.yw/0L5S3oC0u3T8myK8/4u+e+Xm01Yf+ndEvC+VY0EzEmblemHealth22secure/03715494columbia768

3. You will be taken to the EmblemHealth Secure Email Message Center hosted by Zix and prompted to create a password, screenshot below.

   a. Once in the portal, you may read and reply to the message to complete your enrollment as all correspondence will be decrypted for security.

   ![EmblemHealth Secure Email Message Center](Image)

Questions?

Enrollment questions for EmblemHealth dental can be directed to the Benefits Service Center (hours of operation: Monday-Friday, 9 a.m. – 4 p.m.)

- Email: hrbenefits@columbia.edu
- Phone: 212-851-7000