Managing your health with preventive medications

Your pharmacy benefit plan includes special coverage for preventive medications. These drugs help protect against or manage a medical condition, such as:

- Preventing blood clots and reducing the risk of a stroke
- Preventing heart disease and reducing high blood pressure
- Preventing osteoporosis
  (a disease that leads to an increased risk of bone fracture)

Your health is important. Taking preventive medications as directed by your health care provider can help you avoid serious illness and high health care costs.
Special coverage for preventive medications

Drugs on your plan’s list of preventive medications are not subject to a deductible. You’ll pay your copayment/coinsurance or nothing at all, depending on your plan. So you can save money and get the medications you need to help you live a healthier life.

Preventive medications are a subset of products included within your plan’s formulary, or list of prescription drugs, which tells you what medications your plan covers.

Please note that most medications on the Formulary are subject to a deductible. Preventive medications are an exception. To check the cost of any medication, refer to your benefit handbook or contact customer service at the toll-free member phone number on your benefit plan ID card.

Potential savings with generic medications

To get the most from your benefits, ask your doctor if a generic medication is right for you. Generics normally cost less than brand medications, and the Food and Drug Administration (FDA) requires them to be just as safe and effective.

Quality drives our decisions

Our committee of independent doctors and pharmacists meets regularly to review medications and consider how they should be covered by your pharmacy benefit plan. They also recommend which medications should be on your plan’s list of preventive medications.

A list of covered preventive medications begins on the next page. Medications are listed by therapeutic category. To help you tell generic and brand drugs apart, all generics start with a lowercase letter. For questions on injectable dose forms of preventive medications administered by your healthcare provider, please call the number on the back of your membership card for more information.
## 2018 Preventive medication list

### Expanded listing by therapeutic category

#### ANTIHYPERGLYCEMIC
- Glyxambi
- Korlym

#### ASTHMA AND COPD
- Accolate
- Anoro Ellipta
- Asmanex
- budesonide
- Combivent
- cromolyn sodium
- Dulera
- Gastrocrom
- ipratropium/albuterol
- montelukast
- nebulizers and inhaler assistive devices
- Proair HFA
- Pulmicort
- Qvar
- Respiratory Supplies
- Serevent Diskus
- Spiriva
- Symbicort
- Ventolin HFA
- zafirlukast
- Zyflo Cr

#### BONE DISEASE AND FRACTURES
- Actonel
- alendronate
- Boniva
- Evista
- Fosamax
- Fosamax Plus D
- ibandronate
- raloxifene
- Reclast
- zoledronic acid

#### BONE RESORPTION INHIBITORS
- Didronel
- Etidronate Disodium
- Pamidronate Disodium
- Xgeva
- Zometa

#### CHOLESTEROL LOWERING MEDICINES

##### HMG-COA Reductase Inhibitors
- atorvastatin
- lovastatin
- Mevacor
- Pravachol
- pravastatin

- rosvastatin
- Simvastatin
- Zocor

#### Other Agents
- Advicor
- Antara
- fenofibrate
- ezetimibe
- fenofibric acid
- gemfibrozil
- Lopid
- niacin
- Niacor
- Niaspan Er
- omega-3-acid ethyl esters
- Simcor
- Tricor
- Trilipix
- vascepa

#### CONTRACEPTIVES (Various)
- Apri
- Aviane
- Cyclesse
- Desogen
- Lo Loestrin Fe
- Lo/Ovral
- Loestrin
- Mircette
- Nordette
- Nuvaring
<table>
<thead>
<tr>
<th><strong>DIABETES</strong></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Insulin</strong></td>
<td></td>
</tr>
<tr>
<td>Humalog, 50/50, 75/25</td>
<td></td>
</tr>
<tr>
<td>Humulin</td>
<td></td>
</tr>
<tr>
<td>Lantus</td>
<td></td>
</tr>
<tr>
<td>Lantus Solostar</td>
<td></td>
</tr>
<tr>
<td>Levemir</td>
<td></td>
</tr>
<tr>
<td><strong>Non-insulin</strong></td>
<td></td>
</tr>
<tr>
<td>Actoplus Met</td>
<td></td>
</tr>
<tr>
<td>Actos</td>
<td></td>
</tr>
<tr>
<td>Amaryl</td>
<td></td>
</tr>
<tr>
<td>Avandamet</td>
<td></td>
</tr>
<tr>
<td>Avandaryl</td>
<td></td>
</tr>
<tr>
<td>Avandia</td>
<td></td>
</tr>
<tr>
<td>Byetta</td>
<td></td>
</tr>
<tr>
<td>Diabeta</td>
<td></td>
</tr>
<tr>
<td>Duetact</td>
<td></td>
</tr>
<tr>
<td>Fortamet</td>
<td></td>
</tr>
<tr>
<td>glimepiride</td>
<td></td>
</tr>
<tr>
<td>glipizide and combinations</td>
<td></td>
</tr>
<tr>
<td>Glucophage</td>
<td></td>
</tr>
<tr>
<td>Glucovance</td>
<td></td>
</tr>
<tr>
<td>Glucotrol</td>
<td></td>
</tr>
<tr>
<td>glyburide and combinations</td>
<td></td>
</tr>
<tr>
<td>Glynase</td>
<td></td>
</tr>
<tr>
<td>Invokana</td>
<td></td>
</tr>
<tr>
<td>Janumet</td>
<td></td>
</tr>
<tr>
<td>Januvia</td>
<td></td>
</tr>
<tr>
<td>metformin</td>
<td></td>
</tr>
<tr>
<td>nateglinide</td>
<td></td>
</tr>
<tr>
<td>pioglitazone and combinations</td>
<td></td>
</tr>
<tr>
<td>Prandin</td>
<td></td>
</tr>
<tr>
<td>repaglinide</td>
<td></td>
</tr>
<tr>
<td>Starlix</td>
<td></td>
</tr>
<tr>
<td>Symlin</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>HEART DISEASE AND STROKE</strong></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Blood Thinner Medicines</strong></td>
<td></td>
</tr>
<tr>
<td>Aggrenox</td>
<td></td>
</tr>
<tr>
<td>Arixtra</td>
<td></td>
</tr>
<tr>
<td>Aspirin, 81mg, 162mg or 325 mg</td>
<td></td>
</tr>
<tr>
<td>Brilinta</td>
<td></td>
</tr>
<tr>
<td>clopidogrel</td>
<td></td>
</tr>
<tr>
<td>Coumadin</td>
<td></td>
</tr>
<tr>
<td>dipyridamole</td>
<td></td>
</tr>
<tr>
<td>Effient</td>
<td></td>
</tr>
<tr>
<td>Enoxaparin Sodium</td>
<td></td>
</tr>
<tr>
<td>Fondaparinux</td>
<td></td>
</tr>
<tr>
<td>Lovenox</td>
<td></td>
</tr>
<tr>
<td>Persantine</td>
<td></td>
</tr>
<tr>
<td>Plavix</td>
<td></td>
</tr>
<tr>
<td>Ticlid</td>
<td></td>
</tr>
<tr>
<td>ticlopidine</td>
<td></td>
</tr>
<tr>
<td>Warfarin</td>
<td></td>
</tr>
<tr>
<td>Xarelto</td>
<td></td>
</tr>
<tr>
<td>Quinapril</td>
<td></td>
</tr>
<tr>
<td>Univasc</td>
<td></td>
</tr>
<tr>
<td>Vasotec</td>
<td></td>
</tr>
<tr>
<td>Zestril</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Ace Inhibitors/Diuretic Combinations</strong></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Accuretic</td>
<td></td>
</tr>
<tr>
<td>benazepril/hctz</td>
<td></td>
</tr>
<tr>
<td>enalapril/hctz</td>
<td></td>
</tr>
<tr>
<td>lisinopril/hctz</td>
<td></td>
</tr>
<tr>
<td>Lotensin Hct</td>
<td></td>
</tr>
<tr>
<td>moexipril/hctz</td>
<td></td>
</tr>
<tr>
<td>quinapril/hctz</td>
<td></td>
</tr>
<tr>
<td>Uniretic</td>
<td></td>
</tr>
<tr>
<td>Vaseretic</td>
<td></td>
</tr>
<tr>
<td>Zestoretic</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Angiotensin II Receptor Antagonists</strong></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Atacand</td>
<td></td>
</tr>
<tr>
<td>Avapro</td>
<td></td>
</tr>
<tr>
<td>candesartan</td>
<td></td>
</tr>
<tr>
<td>Cozaar</td>
<td></td>
</tr>
<tr>
<td>irbesartan</td>
<td></td>
</tr>
<tr>
<td>losartan</td>
<td></td>
</tr>
<tr>
<td>olmesartan</td>
<td></td>
</tr>
<tr>
<td>valsartan</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Angiotensin II Receptor Antagonists/Diuretic Combinations</strong></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Atacand HCT</td>
<td></td>
</tr>
<tr>
<td>Avalide</td>
<td></td>
</tr>
<tr>
<td>candesartan/HCTZ</td>
<td></td>
</tr>
<tr>
<td>Hyzaar</td>
<td></td>
</tr>
<tr>
<td>irbesartan/HCTZ</td>
<td></td>
</tr>
<tr>
<td>losartan/HCTZ</td>
<td></td>
</tr>
<tr>
<td>olmesartan/HCTZ</td>
<td></td>
</tr>
<tr>
<td>valsartan/HCTZ</td>
<td></td>
</tr>
</tbody>
</table>
**Beta Blockers**
- atenolol
- bisoprolol
- Bystolic
- Inderal LA
- Innopran XL
- metoprolol
- propranolol
- Tenormin
- Zebeta

**Beta Blockers/Diuretic Combinations**
- atenolol/chlorthalidone
- bisoprolol/Hctz
- Corzide
- Lopressor HCT
- metoprolol/hctz
- nadolol/bendroflumethiazide
- propranolol/hctz
- Tenoretic
- Ziac

**Calcium Channel Blockers**
- Adalat CC
- amlodipine
- Calan
- Cardizem
- Cardizem IA
- diltiazem
- nifedipine
- nisoldipine
- Procardia XL
- Sular
- Tiazac
- verapamil
- Verelan

**Diuretics**
- chlorthalidone
- indapamide
- metolazone
- Zaroxolyn

**Other High Blood Pressure Medicine Combinations**
- amlodipine/atorvastatin
- amlodipine/benazepril
- amlodipine/olmesartan
- amlodipine/olmesartan/hydrochlorothiazide
- amlodipine/telmisartan
- Caduet
- Exforge
- Exforge HCT
- ezetimibe/simvastatin
- Lotrel
- Tarka
- Twynsta

**Diuretics And Combinations**
- Aldactone
- amiloride
- Dyazide
- hydrochlorothiazide
- indapamide
- Maxzide
- metolazone
- spironolactone
- triamterene-Hctz
- Zaroxolyn

**High Blood Pressure Medicines Miscellaneous**
- aliskiren and combinations
- amlodipine/benazepril
- amlodipine/olmesartan
- amlodipine/Olmesartan/hydrochlorothiazide
- amlodipine/telmisartan
- amlodipine/valsartan
- amlodipine/valsartan/hydrochlorothiazide
- Amturnide
- Azor
- Cardura
- carvedilol
- Catapres
- clonidine
- Clorpres
- Coreg
- Coreg CR
- doxazosin
- Exforge
- Exforge HCT
- hydralazine
- Lotrel
- Tekamlo
- Tekturna
- Tekturna HCT
- terazosin
- Tribenzor
- Twynsta
### HEPATITIS C
- Copegus
- Pegasys
- Peg-Intron
- Rebetol
- Ribapak
- Ribavirin
- Sovaldi

### NASAL ANTI-INFLAMMATORY STEROIDS
- Budesonide
- Dymista
- Flunisolide
- mometasone
- Qnasl

### PSYCHOTHERAPEUTIC DRUGS

#### Anti-Anxiety
- Alprazolam ER
- Alprazolam
- Diazepam
- Lorazepam

#### Attention Deficit-Hyperactivity (ADHD)
- Adderall
- Amphetamine Salt Combo
- Dexmethylphenidate HCL
- Dexmethylphenidate HCL ER
- Dextroamphetamine Sulfate ER
- Dextroamphetamine-Amphetamine-
  Amphetamine ER

#### Bipolar disorder
- Lithium Carbonate Er
- Lithium Carbonate
- Lithobid

#### Benzodiazepine Antagonists
- Flumazenil
- Romazicon

#### Depression
- Amitriptyline HCL
- Brintellix
- Brisdelle
- Bupropion HCL
- Bupropion HCL SR

#### Antipsychotics
- Abilify
- Clozapine
- Clozaril
- Geodon
- Haloperidol
- Olanzapine
- Quetiapine Fumarate
- Risperidone

#### Glucocorticoids
- Dexamethasone
- Methylprednisolone
- Orapred Odt
- Phosphate
- Prednisolone
- Prednisolone Sodium
- Prednisone

#### Immunosuppressants
- Gengraf
- Imuran
- Neoral
- Prograf
- Ramapune
- Sandimmune
- Tacrolimus
### Other Antidepressants
- Marplan
- Nardil
- Parnate

### Sedative Hypnotics
- armodafinil
- Eszopiclone
- Intermezzo
- Modafinil
- Temazepam
- Trazodone Hcl
- Zaleplon
- Zolpidem Tartrate
- Zolpidem Tartrate Er

### THYROID
- Armour Thyroid
- Levothyroxine Sodium
- Levoxyl
- Nature-Throid
- Synthroid
This list is intended as a reference and may not be all-inclusive. Brand or generic availability may not be current due to changes in the market. Use of generics may be required depending upon plan design.