Get support for your precious delivery.

If you’re thinking about having a baby or have one on the way, **Maternity Support** is here to provide information and support — throughout your pregnancy and after giving birth.

When you enroll in the program, you’ll be able to work with a maternity nurse who is available to answer your questions and help you with things like:

- Choosing a doctor or nurse midwife, and help you with finding a pediatrician or other specialist
- Information to help you take care of yourself and the health of your baby — even if your pregnancy is considered high-risk
- Support to help you manage your health — physically and emotionally — before and after your baby is born

**Whatever your journey, we’re here to help.**

**Get started today.**

1-800-232-9357

cx.uhc.com/uhcpregnancy

Monday-Thursday, 8:00 a.m.–8:00 p.m. and Friday, 8:00 a.m.–5:00 p.m. Central Time

This service is available at no extra cost as part of your benefit plan. (TTY: 711)