

# Become a more effective leader and manager

Gain the knowledge and tools you need to excel as a leader, manager, and part of a team. Don't worry if you miss a day — you can always catch up tomorrow.



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Day 1</b>  <a href="#">Coaching yourself</a>                      (3m 41s)</p>	<p><b>Day 2</b>  <a href="#">Leading yourself</a>                      (4m 16s)</p>	<p><b>Day 3</b>  <a href="#">It all starts with your values</a>                      (3m 14s)</p>	<p><b>Day 4</b>  <a href="#">Exercise self-compassion</a>                      (4m 06s)</p>	<p><b>Day 5</b>  <b>Challenge:</b> Start thinking about potential mentors or those who have skill sets you're interested in.</p>
<p><b>Day 6</b>  <a href="#">Create psychological safety: Make mistakes!</a>                      (2m 50s)</p>	<p><b>Day 7</b>  <a href="#">How to say "no" and set boundaries with grace</a>                      (3m 58s)</p>	<p><b>Day 8</b>  <b>Pop quiz:</b> What are the two steps you should take before setting boundaries?</p>	<p><b>Day 9</b>  <a href="#">Simplify decision-making</a>                      (3m 07s)</p>	<p><b>Day 10</b>  <a href="#">Communicating with impact and influence</a>                      (4m 16s)</p>
<p><b>Day 11</b>  <b>Challenge:</b> What's one thing you can do this week to help delegate your decision-making?</p>	<p><b>Day 12</b>  <a href="#">Having uncomfortable conversations</a>                      (3m 23s)</p>	<p><b>Day 13</b>  <a href="#">Conversational literacy for core leadership development</a>                      (2m 44s)</p>	<p><b>Day 14</b>  <a href="#">Micromanagement crushes souls, not goals</a>                      (4m 52s)</p>	<p><b>Day 15</b>  <a href="#">A communication framework for the modern workplace</a>                      (5m 26s)</p>
<p><b>Day 16</b>  <a href="#">Belonging boosts diverse talent retention</a>                      (3m 34s)</p>	<p><b>Day 17</b>  <b>Pop quiz:</b> What are the key stages in the Employee Life Cycle?</p>	<p><b>Day 18</b>  <a href="#">Develop employees and the team</a>                      (4m 02s)</p>	<p><b>Day 19</b>  <a href="#">Cultivating inclusion, equity, and belonging</a>                      (4m 12s)</p>	<p><b>Day 20</b>  <b>Challenge:</b> Choose one LinkedIn Learning course on people management to explore next month.</p>