

New Direction

Type of activity: Energizer

Participants: 3-10

Timing: 15-30 Minutes

Materials: Paper and pens for each participant

Additional Cost: \$0

Key themes: Creativity, Icebreaker, Getting to Know Others



Instructions:

Give each team member a piece of paper.

- Each person will make a simple drawing on the paper, without talking to anyone else.
- Each person then passes the paper to their right.
- Each team member looks at the drawing they now have, folds the paper in half, and writes at the top what they think the picture is of.
- The paper is passed to the right again. Each person reads the description, folds the paper over to hide the words, and draws a picture of that.
- This continues, where each pass alternates between determining what the picture was and drawing what was described. It is important that each turn only reveals the words or picture from the previous round. Separate sheets or pads of paper may be used if that is easier than one sheet of paper, but they should be passed together.
- When the paper is back to the original owner, each member reveals what was written and drawn.

Debrief: This activity can help to create laughter and levity within a group. It can serve as an excellent ice-breaker before long meetings where you want people to be comfortable with each other. The drawings and interpretations will lead to more discussion and interpersonal insights.



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