

Show and Tell

Type of activity: Team building

Participants: Any

Timing: 10-20 minutes

Materials: Any

Additional Cost: Free

Key themes: Communication and team bonding



Instructions:

Prior to the activity:

- Prior to your next standing meeting, nominate one team member to bring an object or share a recent experience, event or reading with the rest of the team for the next standing meeting. The goal is for participants to share their ideas, interest and hobbies.

To begin the activity:

- During a standing meeting, the nominated team member will have 5-10 minutes to share their object, story or idea.
- After the presentation, use another 5-10 minutes to allow other team members to ask questions about the topic or object. Encourage team members to ask who, what, when, where, why, or how questions to learn more about their colleague and the topic or object presented.
- Assign a new team member to present during the next standing meeting.
- Continue the presentation rotation to ensure each team member has an opportunity to present an idea or object of interest during a regularly scheduled meeting.

Debrief: This activity provides team members the opportunity to share an object or topic of interest with their colleagues. By rotating this activity among team members, participants practice their own presentation and communications skills while the team members learn more about one another and build rapport.



Imagine what's next.

For more information,
contact Learning &
Development at:
hrlearning@columbia.edu

 COLUMBIA UNIVERSITY
IN THE CITY OF NEW YORK