

A win-win for your health and wallet

Health screening benefit from
New York Life Group Benefit Solutions



Regular checkups and screenings are an essential part of staying on top of your health. You're probably already getting an annual physical and other routine exams throughout the year – so why not get paid for doing so?

What is it?

The health screening benefit, which is sometimes called a wellness benefit, pays you a flat amount for having common health screenings. There are several potential screenings – such as your annual physical, mammograms, dental exams, immunizations, and more. The money can be used any way you like, but it can help offset out-of-pocket costs for medical care and other expenses.*

Why do I need it?



Better health and quality of life: Regular preventative screenings can often lead to early diagnosis and better management of chronic diseases and conditions.



Reduces stress: Knowing that you are taking proactive steps to protect your health can provide peace of mind and decrease stress levels.



Saves money: By finding and diagnosing issues early, expensive treatments can be avoided in the future.

How do I use it?



- 1 Get a qualifying health screening.
- 2 File a claim online at www.mynylgbs.com (no documentation required).
- 3 Receive your cash benefit—fast!



To learn more about how the health screening benefit can help you stay on a healthy path, speak to your employer.

* Health screening benefit amounts may vary. Please review your enrollment materials and/or certificate of coverage for your health screening benefit amounts. The benefit is only payable once per day even if multiple health screenings are provided in a single day.

The health screening benefit is an optional program that can be offered when an employer also offers employees critical illness insurance/specified disease insurance, hospital indemnity insurance and/or accident insurance, which are limited benefit policies. Accident insurance pays benefits for accidents only. These products are not health care insurance and do not satisfy the requirement of minimum essential coverage under the Affordable Care Act. Products are underwritten by New York Life Insurance and Annuity Corporation, a subsidiary of New York Life Insurance Company. Product availability may vary by state and is subject to change. Voluntary benefit products are not available in New York. Policy forms: Accident: GBS-AI-1000.00; Critical Illness: GBS-CI-1000.00; Specified Disease: GBS-CI-1000.NY; Hospital Indemnity: GBS-HI-1000.0.

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New York Life Insurance Company

51 Madison Avenue, New York, NY 10010

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