

2026 COBRA Rates - Officers

	2026 COBRA Rates	2026 Disabled Beneficiaries Extension Rates (months 19-29)
<u>Choice Plus 100</u>		
Employee	\$1,556.00	\$2,288.00
EE + Spouse/Domestic Partner	\$3,253.00	\$4,784.00
EE + Child(ren)	\$2,940.00	\$4,323.00
Family	\$4,658.00	\$6,851.00
<u>Choice Plus 90</u>		
Employee	\$1,413.00	\$2,078.00
EE + Spouse/Domestic Partner	\$2,967.00	\$4,364.00
EE + Child(ren)	\$2,686.00	\$3,950.00
Family	\$4,237.00	\$6,231.00
<u>Choice Plus 80</u>		
Employee	\$1,343.00	\$1,976.00
EE + Spouse/Domestic Partner	\$2,817.00	\$4,143.00
EE + Child(ren)	\$2,541.00	\$3,737.00
Family	\$4,021.00	\$5,913.00
<u>High Deductible Health Plan</u>		
Employee	\$1,224.00	\$1,800.00
EE + Spouse/Domestic Partner	\$2,576.00	\$3,788.00
EE + Child(ren)	\$2,326.00	\$3,420.00
Family	\$3,680.00	\$5,412.00
<u>Cigna International (International - including EVAC)</u>		
Employee	\$943.74	\$1,387.86
EE + Spouse/Domestic Partner	\$2,365.72	\$3,479.00
EE + Child(ren)	\$2,216.95	\$3,260.22
Family	\$3,384.03	\$4,976.52
<u>Cigna International (Stateside)</u>		
Employee	\$1,624.00	\$2,388.24
EE + Spouse/Domestic Partner	\$3,708.65	\$5,453.90
EE + Child(ren)	\$3,590.61	\$5,280.32
Family	\$4,987.72	\$7,334.88

2026 COBRA Rates - Post Doctoral Fellows

	2026 COBRA Rates	2026 Disabled Beneficiaries Extension Rates (months 19-29)
<u>Choice Plus 80</u>		
Employee	\$1,343.00	\$1,976.00
EE + Spouse/Domestic Partner	\$2,817.00	\$4,143.00
EE + Child(ren)	\$2,541.00	\$3,737.00
Family	\$4,021.00	\$5,913.00

2026 COBRA Rates - Obama Scholars

	2026 COBRA Rates	2026 Disabled Beneficiaries Extension Rates (months 19-29)
<u>Choice Plus 80</u>		
Employee	\$1,650.00	\$2,427.00
EE + Spouse/Domestic Partner	\$1,650.00	\$2,427.00
EE + Child(ren)	\$1,650.00	\$2,427.00
Family	\$1,650.00	\$2,427.00