

Dear Colleagues,

Representatives from TIAA and Vanguard are on site throughout the academic year to discuss financial planning, investment strategies, portfolio reviews and retirement education. These one-on-one counseling sessions are personalized to meet your goals and objectives.

On-site Retirement Counseling Sessions

Sessions are 45 minutes to one hour, and often include:

- Details about the Columbia University Retirement Plan, distribution options at retirement and University contributions
- How to enroll and start saving in the Voluntary Retirement Savings Plan (VRSP)
- How to select investment fund options
- How to decide on the right amount of risk for your portfolio

Even if you are not enrolled in the VRSP, you are welcome to meet with a counselor, along with your spouse or partner.

How to Register

Dates and locations for all on-site counseling sessions are posted on the carrier websites. To schedule an appointment:

- **Vanguard** – Call 1-800-662-0106, ext. 14500 or go to www.meetvanguard.com

TIAA – Call the service and scheduling group at 1-800-732-8353, M-F, 8 a.m. to 8 p.m.; or visit www.tiaa.org/schedulenow

New! Convenient TIAA Location Now in Morningside Heights

Just a few blocks from the University's Morningside campus, now faculty and staff can also meet one-on-one with counselors Tuesdays, Wednesdays and Thursdays at TIAA's new location: **2815 Broadway** (between 108th and 109th Street). Be sure to schedule an appointment; TIAA cannot accommodate walk-ins. To make an appointment, please call 1-800-732-8353.

So get started now—sign up today for a one-on-one counseling session.

Best regards,

Gisele Monroe
Director, Retirement
Columbia University Human Resources